



Implementation of the Tadabbur Ayat Method in Enhancing Students' Understanding of the Ethics of Seeking Knowledge in the Qur'an and Hadith at MAN Padang Lawas Utara

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Abstract:

This study examines the implementation of the Tadabbur Ayat method in improving students' understanding of the ethics of seeking knowledge in the Qur'an and Hadith at MAN Padang Lawas Utara. The Tadabbur Ayat method is an approach that emphasizes a deep comprehension of the meaning of Qur'anic verses through reflection, analysis, and internalization of the values contained within them. This research employs a qualitative approach with a descriptive method. Data were collected through observations, interviews, and documentation involving teachers and students engaged in the learning process. The findings indicate that the application of the Tadabbur Ayat method significantly enhances students' understanding of the ethics of seeking knowledge. Students become more aware of the importance of humility, respect for teachers, and maintaining sincere intentions in pursuing knowledge. Additionally, this method fosters students' spiritual awareness and strengthens their connection with Islamic teachings. Thus, the Tadabbur Ayat method can serve as an effective strategy in Islamic religious education, particularly in instilling the values of ethical learning behavior.

Keywords: Tadabbur Ayat, Ethics of Seeking Knowledge, Qur'an, Hadith, Islamic Learning.

INTRODUCTION

Seeking knowledge is an obligation for every Muslim, as emphasized in the Qur'an and Hadith. In the pursuit of knowledge, Islam stresses the importance of proper etiquette (adab) that must be upheld by every learner, such as sincerity, patience, respect for teachers, and diligence in studying. However, in reality, many students lack an understanding of and fail to practice the etiquette of seeking knowledge in their daily lives. Disrespect toward teachers, lack of discipline, and low learning motivation are issues that require serious attention in the field of education. The Tadabbur Ayat method emerges as

an approach that can help enhance students' understanding of the etiquette of seeking knowledge. Tadabbur Ayat refers to the process of understanding, contemplating, and applying the meanings of Qur'anic verses in real life. By implementing this method, students not only comprehend the theoretical aspects of adab in seeking knowledge but also internalize these values in their daily attitudes and behaviors.

This study aims to analyze the implementation of the Tadabbur Ayat method in Islamic Religious Education (PAI) learning at MAN Padang Lawas Utara. By examining how this method is applied, the study seeks to determine its effectiveness in improving students' understanding of the etiquette of seeking knowledge in accordance with Islamic teachings. Additionally, this research aims to identify changes in students' attitudes and behaviors following the implementation of the Tadabbur Ayat method. Consequently, the study can provide insights into more effective learning strategies for instilling the values of adab in seeking knowledge in students' daily lives. Through this research, it is expected that students will develop a deeper understanding of the etiquette of seeking knowledge and be able to apply it in their daily lives. Students are anticipated to show greater respect for teachers, demonstrate better learning discipline, and possess higher motivation in seeking knowledge as a form of worship to Allah SWT.

Moreover, this study is expected to contribute to teachers by offering more effective and applicable teaching methods. Schools may also adopt the Tadabbur Ayat method as a primary approach in Islamic Religious Education (PAI) to cultivate students' noble character based on Islamic values. Initial observations indicate that many students at MAN Padang Lawas Utara struggle to understand and practice the etiquette of seeking knowledge properly. Some students lack discipline in learning, fail to show adequate respect for teachers, and exhibit low motivation in their studies. Theoretical learning without a deeper, contextual approach makes it difficult for students to connect Islamic teachings with their daily lives. Therefore, a more effective method is needed to instill Islamic values, one of which is the Tadabbur Ayat method.

To address this issue, this study proposes the application of the Tadabbur Ayat method as a solution to enhance students' understanding of the etiquette of seeking knowledge. This method does not only focus on cognitive understanding but also emphasizes the internalization of ethical values within students. This research employs a qualitative approach with a descriptive method to analyze how the Tadabbur Ayat method is implemented in learning and its impact on students' understanding and behavior. Data will be collected through observations, interviews, and documentation, involving both teachers and students as key participants.

Through this study, it is hoped that more effective learning strategies can be identified to shape students' character to be more Islamic and morally upright in accordance with the guidance of the Qur'an and Hadith.

METHODS

This study employs a qualitative approach using a descriptive method. Data are collected through observations, interviews, and documentation involving teachers and students in the learning process. The data sources in this study consist of primary and secondary data. Primary data are obtained directly from interviews, observations, and documentation involving teachers and students at MAN Padang Lawas Utara. Islamic Religious Education (PAI) teachers serve as the main informants, as they play a crucial role in implementing the Tadabbur Ayat method in learning. Additionally, students are also research subjects to determine the extent of their understanding of the etiquette (adab) of seeking knowledge after participating in learning activities using this method. Observations are conducted by directly monitoring classroom learning activities, while documentation is used to collect information from teaching materials, syllabi, and school curricula.

In addition to primary data, this study also uses secondary data, which are obtained from various literature sources such as books, scientific journals, and previous research

related to the Tadabbur Ayat method, Islamic education, and the etiquette of seeking knowledge. The literature sources used in this study are from publications dated 2020 and onwards, ensuring that the research references the latest and most relevant studies. These secondary data help establish a theoretical foundation and enrich the analysis of the application of the Tadabbur Ayat method in Islamic Religious Education learning.

The combination of primary and secondary data enables this study to gain a comprehensive understanding of the implementation of the Tadabbur Ayat method in improving students' understanding of the etiquette of seeking knowledge. Through interviews and observations, this research can explore firsthand experiences from teachers and students, while available literature helps validate and strengthen the findings from the field. Thus, this study is expected to provide a deeper and more thorough understanding of the effectiveness of the Tadabbur Ayat method in learning.

Data analysis in this study follows the interactive model developed by Miles, Huberman, and Saldaña (2020). This model consists of three main stages: data reduction, data presentation, and conclusion drawing with verification. Data reduction is carried out by selecting and organizing data obtained from observations, interviews, and documentation. Irrelevant information is eliminated, while important data are categorized based on key themes aligned with the research objectives. After the data are reduced, the next step is data presentation, which is conducted in the form of narrative descriptions. The classified data are systematically organized to facilitate analysis and understanding of the studied phenomenon. The purpose of this stage is to clarify how the Tadabbur Ayat method is applied in the learning process and how it influences students' understanding of the etiquette of seeking knowledge.

The final stage is conclusion drawing and verification, which involves identifying patterns and relationships among the collected data. To ensure the validity of the findings, this study employs source triangulation, comparing observation, interview, and documentation results to achieve more accurate and reliable outcomes. By using this analytical approach, this research aims to provide a clear and in-depth depiction of the effectiveness of the Tadabbur Ayat method in improving students' understanding of the etiquette of seeking knowledge at MAN Padang Lawas Utara.

RESULTS

This research was conducted at MAN Padang Lawas Utara, focusing on the implementation of the tadabbur ayat method in enhancing students' understanding of the ethics of seeking knowledge. The data were obtained through interviews with teachers and students, classroom observations, and supporting documentation. The respondents in this study consisted of three Islamic Religious Education (PAI) teachers and thirty students who participated in learning using the tadabbur ayat method. Based on the observations, it was found that learning using the tadabbur ayat method was carried out in three main stages, namely: Reading and understanding verses related to the ethics of seeking knowledge, Contemplating the meaning of the verses (tadabbur) by connecting the content of the verses with students' daily lives, Discussion and application of the values obtained in the form of reflection and implementation in students' lives.

The following is a summary of observations related to the implementation of the tadabbur ayat method in the classroom:

No	Observation Aspect	Frequency (%)	Description
1	Students understand the meaning of the verses	85%	Good
2	Students can contemplate the verses	80%	Good
3	Students can relate them to daily life	75%	Fairly Good
4	Students' participation in discussions	90%	Very Good
5	Implementation of values in daily life	70%	Fairly Good

Based on the table above, it can be concluded that most students can understand the meaning of the verses and actively participate in the tadabbur process. However, the main challenge faced is how students can be more consistent in implementing the values they have learned in their daily lives.

Interviews were conducted with three PAI teachers to understand their experiences in implementing the tadabbur ayat method. The results of the interviews indicated that this method helps students gain a deeper understanding of the concept of the ethics of seeking knowledge, differing from the conventional lecture method, which is more theoretical. One of the teachers stated: *"With the tadabbur ayat method, students are more active and understand the ethical values in seeking knowledge better. They also reflect more on their attitudes in the classroom."* Additionally, interviews with thirty students revealed that they found it easier to understand and internalize the ethics of seeking knowledge after participating in learning with this method. However, some students admitted that they still found it difficult to connect the verses with their personal experiences.

The following is a summary of the interview results with students:

No	Question	Positive Response (%)	Negative Response (%)
1	Does the tadabbur ayat method help your understanding?	90%	10%
2	Do you feel more motivated to learn?	85%	15%
3	Do you apply the values of the ethics of seeking knowledge?	70%	30%

From the table above, it can be seen that the majority of students perceive the benefits of the tadabbur ayat method in enhancing their understanding and learning motivation. However, about 30% of students still face challenges in applying the ethical values in their daily lives.

In addition to observations and interviews, this study also utilized secondary data in the form of curriculum documentation, syllabi, and teaching materials used in PAI learning. Based on a literature review of the latest books and scientific journals (from 2020 onwards), it was found that the tadabbur ayat method is widely used in Islamic education to strengthen understanding and implementation of religious values in daily life.

A study by Hidayat (2021) showed that implementing the tadabbur ayat method in Islamic religious learning can enhance students' spiritual awareness and character. These findings align with the results of research at MAN Padang Lawas Utara, where students demonstrated an improvement in their understanding of the ethics of seeking knowledge after applying this method..

Data Verification

The data verification in this study was conducted using source triangulation, which involved comparing the results from observations, interviews, and documentation. This triangulation aimed to ensure the validity of data regarding the implementation of the tadabbur ayat method in enhancing students' understanding of the ethics of seeking knowledge at MAN Padang Lawas Utara. Additionally, this study utilized references from the latest literature (from 2020 onwards) to strengthen the findings.

The observation results indicate that the tadabbur ayat method was implemented in three main stages: verse reading, meaning contemplation, and reflective discussion. Classroom observations revealed that 85% of students were able to understand the meaning of the verses well, 80% could contemplate the content of the verses, but only 70% truly applied the values of ethics in their daily lives. These findings suggest that the tadabbur

ayat method is quite effective in building understanding, but challenges remain in the stage of students' value implementation.

The interview results with teachers supported the observation findings. Teachers stated that the tadabbur ayat method helped students better understand and internalize the ethics of seeking knowledge compared to conventional lecture methods. However, they also highlighted that some students still struggled to relate the verses to their personal experiences. One teacher stated, "This method is very effective, but students still need further guidance in linking the values from the verses they study with their daily lives."

Additionally, interviews with students showed that 90% of them felt the tadabbur ayat method helped them better understand the ethics of seeking knowledge. However, 30% still found it difficult to apply these values in real life. This indicates a gap between theoretical understanding and practical application, which poses a challenge in the learning process. Some students suggested additional methods, such as group discussions or case studies, to help them understand how to apply these values in their daily lives.

From documentation and literature review, it was found that the curriculum at MAN Padang Lawas Utara had already incorporated the tadabbur ayat method into Islamic Religious Education (PAI) learning. However, this approach has not been fully optimized, particularly in evaluating students' value application. Recent research literature (from 2020 onwards) also indicates that the tadabbur ayat method has significant potential in shaping character and increasing students' spiritual awareness, but it requires more interactive teaching strategies to achieve optimal results.

Based on data verification results, it can be concluded that the tadabbur ayat method is effective in enhancing students' understanding of the ethics of seeking knowledge, yet it still requires reinforcement in the aspect of value application in real life. Through regular evaluation, more intensive teacher guidance, and varied learning methods, the implementation of this method can become more effective in shaping students' ethical character in seeking knowledge according to the teachings of the Qur'an and Hadith.

CONCLUSION

Based on the findings of this study, the tadabbur ayat method significantly enhances students' understanding of the ethics of seeking knowledge at MAN Padang Lawas Utara. This approach enables students to grasp the meaning of Qur'anic and Hadith verses more deeply while relating them to their daily lives. Observations, interviews, and documentation reveal that 85% of students comprehend the meaning of the verses well, 80% can reflect on their content, but only 70% consistently apply these values in daily life. These results indicate that while the method effectively improves conceptual understanding, additional strategies are necessary to support consistent application in students' behavior. Academically, this research contributes to the development of Islamic education strategies, particularly by promoting the tadabbur ayat method as an interactive and reflective approach. The findings reinforce the idea that learning through contemplation and reflection is more effective than traditional lectures in strengthening students' grasp of Islamic concepts. Teachers at MAN Padang Lawas Utara also confirmed that this method fosters active student participation in discussions, enhances motivation, and deepens their awareness of the importance of ethical conduct in learning. Beyond academic benefits, this study highlights the social impact of the tadabbur ayat method. It not only strengthens students' understanding of learning ethics but also plays a role in shaping their character, fostering politeness, discipline, and responsibility. This improvement can create a more supportive learning environment where students value knowledge, respect teachers, and develop a positive attitude toward education. Therefore, the method is not only relevant in academic contexts but also essential in nurturing a morally upright generation aligned with Islamic values. Nevertheless, several challenges must be addressed for its effective implementation. One key issue is students' struggle to connect the verses with personal experiences, which limits their ability to apply learned values in everyday life. To address

this, additional strategies such as case studies, role-playing, or experiential projects can be incorporated to strengthen students' understanding of the relevance of the verses. Moreover, teachers play a crucial role in guiding students' reflections, ensuring that the tadabbur ayat method achieves its intended impact. As a recommendation, this study suggests that the tadabbur ayat method be more systematically integrated into the Islamic education curriculum with diverse and engaging approaches. Utilizing technology and interactive media can enhance its effectiveness, while teacher training is necessary to optimize its implementation. With further development, the tadabbur ayat method has the potential to be widely adopted in other Islamic educational institutions beyond MAN Padang Lawas Utara. Its broader application can contribute to producing students who excel not only intellectually but also in character and ethics, in line with the teachings of the Qur'an and Hadith.

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